

Aetna Student Health
Plan Design and Benefits Summary
Open Choice PPO

Orange Coast College

Policy Year: 2022–2023 Policy Number: 686182

www.aetnastudenthealth.com

(877) 480-4161



This is a brief description of the Student Health Plan. The plan is available for Orange Coast College students. The plan is insured by Aetna Health and Life Insurance Company (Aetna). The exact provisions, including definitions, governing this insurance are contained in the Certificate issued to you and may be viewed online at www.aetnastudenthealth.com. If there is a difference between this Plan Summary and the Certificate, the Certificate will control.

Student Health Services

The Student Health Center is the college's on-campus health facility. Staffed by Physicians, Registered Nurses and Licensed Therapists, the health center is open Monday - Friday, 8:30am - 5pm and closed on the weekends. The Student Health Center is located in Building 89, North of Watson Hall.

For more information, call the Student Health Center at (714) 432-5808. In the event of an emergency, call 911 or the Campus Police at (714) 432-5555.

Coverage Dates and Rates

Coverage for all insured students and eligible dependents will become effective at 12:01 AM on the Coverage Start Date indicated below, and will terminate at 11:59 PM on the Coverage End Date indicated. Coverage for insured dependents terminates in accordance with the Termination Provisions described in the Certificate of Coverage.

INTERNATIONAL PROGRAM

Coverage Period	Coverage Start Date	Coverage End Date
Fall	08/12/2022	01/11/2023
Spring/Summer	01/12/2023	08/11/2023

OPT INTERNATIONAL PROGRAM

Coverage Period	Coverage Start Date	Coverage End Date
QTR 1	08/12/2022	11/11/2022
QTR 2	11/12/2022	02/11/2023
QTR 3	02/12/2023	05/11/2023
QTR 4	05/12/2023	08/11/2023

Rates

INTERNATIONAL PROGRAM

	Fall Semester	Spring/Summer Semester
Student	\$782.07	\$1,083.93

OPT INTERNATIONAL PROGRAM

	QTR 1	QTR 2	QTR 3	QTR 4
Student	\$470.34	\$470.34	\$455.29	\$470.34

The rates above reflect premiums for the student health insurance plan, as well as an Orange Coast College administrative fee.

Who is eligible?

Students: All International F1 and J1 visa status students or scholars enrolled on the main campus are required to purchase this insurance plan. A person who is an immigrant, permanent resident alien or U.S. Citizen is not eligible for coverage. Students must actively attend classes on campus for the first 45 consecutive days after the effective date, except for school-authorized breaks. Remote courses such as home study, correspondence, and online courses do not fulfill this requirement. A once per lifetime medical withdrawal exception may be granted to students on school approved medical leave during the first 45 days of coverage. If it is determined that eligibility requirements have not been met, our only obligation is to refund premium, less any claims paid.

Visiting Scholars, Short-Term Participants and OPT Students may enroll in the Plan on a voluntary basis. OPT students may purchase a maximum of 12 consecutive months of coverage from the OPT effective date. OPT extension coverage beyond 12 months is not allowed. Enrollment must be completed within 30 days of the expiration of prior coverage on the schools' student health insurance plan. A gap in coverage is not allowed. A copy of a valid EAD or OPT application or receipt (I-765 or I-797c) is required to enroll.

Enrollment

Eligible students may enroll in the insurance plan online at www.jcbins.com or by calling customer service at (714) 923-1325. Please refer to the Coverage Periods section of this document for coverage dates.

Exception: A Covered Person entering the armed forces of any country will not be covered under the Policy as of the date of such entry. A pro rata refund of premium will be made for such person, upon written request received by Aetna within 90 days of withdrawal from school.

If you withdraw from school within the first 45 days of a coverage period, you will not be covered under the Policy and the full premium will be refunded, less any claims paid. After 45 days, you will be covered for the full period that you have paid the premium for, and no refund will be allowed. (This refund policy will not apply if you withdraw due to a covered Accident or Sickness.)

Medicare Eligibility Notice

You are not eligible to enroll in the student health plan if you have Medicare at the time of enrollment in this student plan. The plan does not provide coverage for people who have Medicare.

Termination and Refunds

Refunds

All refund requests must be sent to the University who will confirm nonstudent status with JCB, and submit the refund request on behalf of the student. Only refunds submitted by the University before the refund deadline will be considered. Credit card refunds must be requested and processed within 120 days of the date of purchase and before the refund deadline. No refunds will be considered after the refund deadline. All refunds will be processed back to the original form of payment only, no exceptions. All refunds will be assessed a \$35 processing fee. Please allow 30 business days for us to receive and process the refund request, then an additional 3-5 business days to receive the refund from your financial institution. Pro-rated/partial refunds are not allowed.

NOTE: You can check to see if your return has been processed by logging in to your JCB account.

In-network Provider Network

Aetna Student Health offers Aetna's broad network of In-network Providers. You can save money by seeing In-network Providers because Aetna has negotiated special rates with them, and because the Plan's benefits are better.

If you need care that is covered under the Plan but not available from an In-network Provider, contact Member Services for assistance at the toll-free number on the back of your ID card. In this situation, Aetna may issue a pre-approval for you to receive the care from an Out-of-network Provider. When a pre-approval is issued by Aetna, the benefit level is the same as for In-network Providers.

Precertification

You need pre-approval from us for some eligible health services. Pre-approval is also called precertification. Your innetwork physician is responsible for obtaining any necessary precertification before you get the care. When you go to an out-of-network provider, it is your responsibility to obtain precertification from us for any services and supplies on the precertification list. If you do not precertify when required, up to a \$500 penalty for each type of eligible health service that was not precertified. For a current listing of the health services or prescription drugs that require precertification, contact Member Services or go to www.aetnastudenthealth.com.

Precertification Call

Precertification should be secured within the timeframes specified below. To obtain precertification, call Member Services at the toll-free number on your ID card. This call must be made:

Non-emergency admissions:	You, your physician or the facility will need to call and request precertification at least 14 days before the date you are scheduled to be admitted.
An emergency admission:	You, your physician or the facility must call within 48 hours or as soon as reasonably possible after you have been admitted.
An urgent admission:	You, your physician or the facility will need to call before you are scheduled to be admitted. An urgent admission is a hospital admission by a physician due to the onset of or change in an illness, the diagnosis of an illness, or an injury.
Outpatient non-emergency services requiring precertification:	You or your physician must call at least 14 days before the outpatient care is provided, or the treatment or procedure is scheduled.

We will provide a written notification to you and your physician of the precertification decision, where required by state law. If your precertified services are approved, the approval is valid for 30 days as long as you remain enrolled in the plan.

Coordination of Benefits (COB)

Some people have health coverage under more than one health plan. If you do, we will work together with your other plan(s) to decide how much each plan pays. This is called coordination of benefits (COB). A complete description of the Coordination of Benefits provision is contained in the certificate issued to you.

Description of Benefits

The Plan excludes coverage for certain services and has limitations on the amounts it will pay. While this Plan Summary document will tell you about some of the important features of the Plan, other features that may be important to you are defined in the Certificate. To look at the full Plan description, which is contained in the Certificate issued to you, go to www.aetnastudenthealth.com.

This Plan will pay benefits in accordance with any applicable California Insurance Law(s).

	In-network coverage	Out-of-network coverage
Policy year deductibles		
Student	None	None
Maximum out-of-pocket limits		
	In-network coverage	Out-of-network coverage
Student	\$2,500 per policy year	\$2,500 per policy year

Eligible health services	In-network coverage	Out-of-network coverage	
Routine physical exams			
Performed at a physician's office	100% (of the negotiated charge) per visit	80% (of the recognized charge) per visit	
	No copayment or policy year deductible applies		
Maximum age and visit limits per policy year through age 21	Subject to any age and visit limits provided for in the comprehensive guidelines supported by the American Academy of Pediatrics/Bright Futures//Health Resources and Services Administration guidelines for children and adolescents.		
Covered persons age 22 and over: Maximum visits per policy year	1 visit		
Preventive care immunizations			
Performed in a facility or at a physician's office	100% (of the negotiated charge) per visit	80% (of the recognized charge) per visit	
	No copayment or policy year deductible applies		

Maximums	Subject to any age limits provided for in the comprehensive guidelines supported by Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention	
Eligible health services	In-network coverage	Out-of-network coverage
Routine gynecological exams (include	ling Pap smears and cytology tests)	
Performed at a physician's, obstetrician (OB), gynecologist (GYN) or OB/GYN office	100% (of the negotiated charge) per visit No copayment or policy year deductible applies	80% (of the recognized charge) per visit
Maximum visits per policy year	1 vi	sit
Preventive screening and counseling	1	
Preventive screening and counseling services for Obesity and/or healthy diet counseling, Misuse of alcohol & drugs,	100% (of the negotiated charge) per visit No copayment or policy year	80% (of the recognized charge) per visit
Tobacco Products, Depression Screening, Sexually transmitted infection counseling & Genetic risk counseling for breast and ovarian cancer	deductible applies	
Stress management counseling office visits	100% (of the negotiated charge) per visit No copayment or policy year deductible applies	80% (of the recognized charge) per visit
Chronic condition counseling office visits	100% (of the negotiated charge) per visit No copayment or policy year deductible applies	80% (of the recognized charge) per visit
Routine cancer screenings	100% (of the negotiated charge) per visit No copayment or policy year deductible applies	80% (of the recognized charge) per visit
Maximum:	Subject to any age; family history; and frequency guidelines as set forth in the most current: • Evidence-based items that have in effect a rating of A or B in the current recommendations of the United States Preventive Services Task Force; and • The comprehensive guidelines supported by the Health Resources and Services Administration.	
Lung cancer screening maximums	1 screening every 12 months*	
Prenatal and postpartum care services only (includes participation in the	100% (of the negotiated charge) per visit	80% (of the recognized charge) per visit
	No copayment or policy year	

California Prenatal Screening	deductible applies	
Program)		

Eligible health services	In-network coverage	Out-of-network coverage
Lactation support and counseling	100% (of the negotiated charge) per	80% (of the recognized charge) per
services	visit	visit
	No copayment or policy year	
	deductible applies	
Breast pump supplies and	100% (of the negotiated charge) per	80% (of the recognized charge) per
accessories	item	item
	No copayment or policy year	
	deductible applies	
Family planning services – female co	ntraceptives	
Female contraceptive counseling	100% (of the negotiated charge) per	80% (of the recognized charge) per
services	visit	visit
office visit		
	No copayment or policy year	
	deductible applies	
Female contraceptive prescription	100% (of the negotiated charge) per	80% (of the recognized charge) per
drugs and devices provided,	item	item
administered, or removed, by a		
provider during an office visit	No copayment or policy year	
For each 30 day symphy or 13	deductible applies	
For each 30 day supply or 12		
month supply Female Voluntary sterilization-	100% (of the negotiated charge)	80% (of the recognized charge)
Inpatient & Outpatient provider	100% (of the negotiated charge)	80% (of the recognized charge)
services	No copayment or policy year	
Scrvices	deductible applies	
The following are not covered under		I .
_	ods that are only "reviewed" by the FDA ar	nd not "approved" by the FDA
Physicians and other health professi		approved by more.
Physician, specialist including	\$20 copayment then the plan pays	80% (of the recognized charge) per
Consultants Office visits (non-	100% (of the balance of the negotiated	visit
surgical/non-preventive care by a	charge) per visit	
physician and specialist) (includes		
telemedicine consultations)		
Allergy testing and treatment		
Allergy testing & Allergy injections	Covered according to the type of	Covered according to the type of
treatment including Allergy sera	benefit and the place where the service	benefit and the place where the
and extracts administered via	is received.	service is received.
injection performed at a physician's		
or specialist's office		
Physician and specialist surgical serv		
Inpatient surgery performed during	100% (of the negotiated charge)	80% (of the recognized charge)
your stay in a hospital or birthing		
center by a surgeon		
(includes anesthetist and surgical		
assistant expenses)	<u> </u>	

- The services of any other physician who helps the operating physician
- A stay in a hospital (Hospital stays are covered in the *Eligible health services and exclusions Hospital and other facility care* section)
- Services of another physician for the administration of a local anesthetic

Eligible health services	In-network coverage	Out-of-network coverage
Outpatient surgery performed at a	100% (of the negotiated charge) per	80% (of the recognized charge) per
physician's or specialist's office or	visit	visit
outpatient department of a		
hospital or surgery center by a		
surgeon (includes anesthetist and		
surgical assistant expenses)		

The following are not covered under this benefit:

- The services of any other physician who helps the operating physician
- A stay in a hospital (Hospital stays are covered in the *Eligible health services and exclusions Hospital and other facility care* section)
- A separate facility charge for surgery performed in a physician's office
- Services of another physician for the administration of a local anesthetic

Alternatives to physician office visits		
Walk-in clinic visits (non-emergency visit)	\$20 copayment then the plan pays 100% (of the balance of the negotiated charge) per visit	80% (of the recognized charge) per visit
Hospital and other facility care		L
Inpatient hospital (room and board) and other miscellaneous services and supplies)	\$100 copayment then the plan pays 100% (of the balance of the negotiated charge) per admission	80% (of the recognized charge) per admission
Includes birthing center facility charges		
Preadmission testing	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
In-hospital non-surgical physician services	100% (of the negotiated charge) per visit	80% (of the recognized charge) per visit
Alternatives to hospital stays		
Outpatient surgery (facility charges) performed in the outpatient department of a hospital or surgery center	100% (of the negotiated charge) per visit	80% (of the recognized charge) per visit

- The services of any other physician who helps the operating physician
- A stay in a hospital (See the *Hospital care facility charges* benefit in this section)
- A separate facility charge for surgery performed in a physician's office
- Services of another physician for the administration of a local anesthetic

Eligible health services	In-network coverage	Out-of-network coverage
Home health Care	100% (of the negotiated charge) per	80% (of the recognized charge) per
	visit	visit
Maximum visits per policy year	100	

- Nursing and home health aide services or therapeutic support services provided outside of the home (such as in conjunction with school, vacation, work or recreational activities)
- Transportation
- Services or supplies provided to a minor or dependent adult when a family member or caregiver is not present
- Homemaker or housekeeper services
- Food or home delivered services
- Maintenance therapy

Hospice-Inpatient	100% (of the negotiated charge) per admission	80% (of the recognized charge) per admission
Hospice-Outpatient	100% (of the negotiated charge) per	80% (of the recognized charge) per
	visit	visit

The following are not covered under this benefit:

- Funeral arrangements
- Financial or legal counseling which includes estate planning and the drafting of a will
- Homemaker or caretaker services that are services which are not solely related to your care and may include:
 - Sitter or companion services for either you or other family members
 - Transportation
 - Maintenance of the house

Skilled nursing facility- Inpatient	100% (of the negotiated charge) per admission	80% (of the recognized charge) per admission
Maximum days of confinement per policy year	100)
Hospital emergency room	\$100 copayment then the plan pays 100% (of the balance of the negotiated charge) per visit	Paid the same as in-network coverage
Non-emergency care in a hospital emergency room	Not covered	Not covered

Important note:

- As out-of-network providers do not have a contract with us the provider may not accept payment of your cost share, (copayment/coinsurance), as payment in full. You may receive a bill for the difference between the amount billed by the provider and the amount paid by this plan. If the provider bills you for an amount above your cost share, you are not responsible for paying that amount. You should send the bill to the address listed on the back of your ID card, and we will resolve any payment dispute with the provider over that amount. Make sure the ID card number is on the bill.
- A separate hospital emergency room copayment/coinsurance will apply for each visit to an emergency room. If you are admitted to a hospital as an inpatient right after a visit to an emergency room, your emergency room copayment/coinsurance will be waived and your inpatient copayment/coinsurance will apply.
- Covered benefits that are applied to the hospital emergency room copayment/coinsurance cannot be applied
 to any other copayment/coinsurance under the plan. Likewise, a copayment/coinsurance that applies to
 other covered benefits under the plan cannot be applied to the hospital emergency room
 copayment/coinsurance.
- Separate copayment/coinsurance amounts may apply for certain services given to you in the hospital

- emergency room that are not part of the hospital emergency room benefit. These copayment/coinsurance amounts may be different from the hospital emergency room copayment/coinsurance. They are based on the specific service given to you.
- Services given to you in the hospital emergency room that are not part of the hospital emergency room benefit may be subject to copayment/coinsurance amounts.

 Non-emergency services in a hospital emergency room facility, freestanding emergency medical care facility or comparable emergency facility

Eligible health services	In-network coverage	Out-of-network coverage
Urgent care	\$20 copayment then the plan pays 100% (of the balance of the negotiated charge) per visit	80% (of the recognized charge) per visit
Non-urgent use of an urgent care provider	Not covered	Not covered

The following is not covered under this benefit:

Non-urgent care in an urgent care facility (at a non-hospital freestanding facility)

Pediatric dental care (Limited to covered persons through the end of the month in which the person turns age 19.		
100% (of the negotiated charge) per visit	100% (of the recognized charge) per visit	
No copayment or deductible applies		
100% (of the negotiated charge) per visit	50% (of the recognized charge) per visit	
No copayment or deductible applies		
100% (of the negotiated charge) per visit	50% (of the recognized charge) per visit	
No copayment or deductible applies		
100% (of the negotiated charge) per visit	50% (of the recognized charge) per visit	
No copayment or deductible applies		
Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received.	
	100% (of the negotiated charge) per visit No copayment or deductible applies 100% (of the negotiated charge) per visit No copayment or deductible applies 100% (of the negotiated charge) per visit No copayment or deductible applies 100% (of the negotiated charge) per visit No copayment or deductible applies 100% (of the negotiated charge) per visit No copayment or deductible applies Covered according to the type of benefit and the place where the service	

Pediatric dental care exclusions

- Asynchronous dental treatment
- **Cosmetic** services and supplies including plastic surgery, reconstructive surgery, **cosmetic surgery**, personalization or characterization of dentures or other services and supplies which improve alter or enhance appearance, augmentation and vestibuloplasty, and other substances to protect, clean, whiten bleach or alter the appearance of teeth; whether or not for psychological or emotional reasons. Facings on molar crowns and pontics will always be considered **cosmetic**.
- Crown, inlays, onlays, and veneers unless:
 - It is treatment for decay or traumatic **injury** and teeth cannot be restored with a filling material or
 - The tooth is an abutment to a covered partial denture or fixed bridge
- Dental implants (that are determined not to be **medically necessary** mouth guards, and other devices to

protect, replace or reposition teeth

- Dentures, crowns, inlays, onlays, bridges, or other appliances or services used:
 - For splinting
 - To alter vertical dimension
 - To restore occlusion
 - For correcting attrition, abrasion, abfraction or erosion
- Treatment of any jaw joint disorder and treatments to alter bite or the alignment or operation of the jaw, including temporomandibular joint dysfunction disorder (TMJ) and craniomandibular joint dysfunction disorder (CMJ) treatment, orthognathic surgery, and treatment of malocclusion or devices to alter bite or alignment, except as covered in the Eliqible health services and exclusions Specific conditions section
- General anesthesia and intravenous sedation, unless specifically covered and only when done in connection with another eligible health service
- Mail order and at-home kits for orthodontic treatment
- Orthodontic treatment except as covered in this section
- Pontics, crowns, cast or processed restorations made with high noble metals (gold)
- Prescribed drugs
- Replacement of teeth beyond the normal complement of 32
- Services and supplies:
 - Done where there is no evidence of pathology, dysfunction, or disease other than covered preventive services
 - Provided for your personal comfort or convenience or the convenience of another person, including a provider
 - Provided in connection with treatment or care that is not covered under your policy
- Surgical removal of impacted wisdom teeth only for orthodontic reasons, except as **medically necessary**
- Treatment by other than a dental provider

Eligible health services	In-network coverage	Out-of-network coverage
Diabetic services and supplies	Covered according to the type of	Covered according to the type of
(including equipment and training)	benefit and the place where the service	benefit and the place where the
	is received.	service is received.
Podiatric (foot care) treatment	Covered according to the type of	Covered according to the type of
Physician and specialist non-	benefit and the place where the service	benefit and the place where the
routine foot care treatment	is received.	service is received.

- Services and supplies for:
 - The treatment of calluses, bunions, toenails, flat feet, hammertoes, fallen arches
 - The treatment of weak feet, chronic foot pain or conditions caused by routine activities, such as walking, running, working or wearing shoes
 - Supplies (including orthopedic shoes), foot orthotics, arch supports, shoe inserts, ankle braces, guards, protectors, creams, ointments and other equipment, devices and supplies
 - Routine pedicure services, such as cutting of nails, corns and calluses when there is no illness or injury of the feet

Impacted wisdom teeth	100% (of the negotiated charge)	100% (of the recognized charge)
Accidental injury to sound natural	100% (of the negotiated charge)	100% (of the recognized charge)
teeth		

- The care, filling, removal or replacement of teeth and treatment of diseases of the teeth
- Dental services related to the gums
- Apicoectomy (dental root resection)
- Orthodontics
- Root canal treatment
- Soft tissue impactions
- Bony impacted teeth
- Alveolectomy
- Augmentation and vestibuloplasty treatment of periodontal disease
- False teeth
- Prosthetic restoration of dental implants
- Dental implants

Eligible health services	In-network coverage	Out-of-network coverage
Temporomandibular joint	Covered according to the type of	Covered according to the type of
dysfunction (TMJ) and	benefit and the place where the service	benefit and the place where the
craniomandibular joint dysfunction	is received.	service is received.
(CMJ) treatment		
The following are not covered under	this benefit:	
 Dental implants 		
Blood and body fluid	Covered according to the type of	Covered according to the type of
exposure	benefit and the place where the service	benefit and the place where the
	is received.	service is received.
The following are not covered under	this benefit:	· ·
 Services and supplies provide 	ed for the treatment of an illness that resul	ts from your clinical related injury as
these are covered elsewhere	in the student policy	
Clinical trial (routine patient	Covered according to the type of	Covered according to the type of
costs)	benefit and the place where the service	benefit and the place where the
	is received.	service is received.
The following are not covered under	this benefit:	
	to data collection and record-keeping that	t is solely needed due to the clinical
trial (i.e. protocol-induced costs)		
 Services and supplies provided by the trial sponsor without charge to you 		
 The experimental intervention itself (except medically necessary Category B investigational devices and 		
promising experimental and investigational interventions for terminal illnesses in certain clinical trials in		
accordance with Aetna's clair		
Dermatological treatment	Covered according to the type of	Covered according to the type of
	benefit and the place where the service	benefit and the place where the
	is received.	service is received.
The following are not covered under	this benefit:	
 Cosmetic treatment and prod 	cedures	
Obesity bariatric Surgery and	Covered according to the type of	Covered according to the type of
services	benefit and the place where the service	benefit and the place where the
	is received.	service is received.

Eligible health services	In-network coverage	Out-of-network coverage
Obesity surgery-travel and lodging		
Maximum benefit payable for travel expenses for each round trip – three round trips covered (one pre-surgical visit, the surgery and one follow-up visit)	\$130	\$130
Maximum benefit payable for travel expenses per companion for each round trip – two round trips covered (the surgery and one follow-up visit)	\$130	\$130
Maximum benefit payable for lodging expenses per patient and companion for the pre-surgical and follow-up visits	\$100 per day up to two days	\$100 per day up to two days
Maximum benefit payable for lodging expenses per companion for surgery stay	\$100 per day up to four days	\$100 per day up to four days

- Weight management treatment or drugs intended to decrease or increase body weight, control weight or
 treat obesity, including morbid obesity except as described above and in the Eligible health services and
 exclusions Preventive care and wellness section, including preventive services for obesity screening and
 weight management interventions. This is regardless of the existence of other medical conditions. Examples
 of these are:
 - Drugs, stimulants, preparations, foods or diet supplements, dietary regimens and supplements, food supplements, appetite suppressants and other medications
 - Hypnosis or other forms of therapy
 - Exercise programs, exercise equipment, membership to health or fitness clubs, recreational therapy or other forms of activity or activity enhancement

other forms of activity or activity enhancement		
Maternity care that is not	Covered according to the type of	Covered according to the type of
considered preventive care	benefit and the place where the service	benefit and the place where the
(includes delivery and postpartum	is received.	service is received.
care services in a hospital or		
birthing center)		
The following are not covered under	this benefit:	
 Any services and supplies related to births that take place in the home or in any other place not licensed to 		
perform deliveries		
Well newhorn nursery	100% (of the negotiated charge)	80% (of the recognized charge)

Well newborn nursery	100% (of the negotiated charge)	80% (of the recognized charge)
care in a hospital or		
birthing center		
Family planning services – other		
Voluntary sterilization	100% (of the negotiated charge)	80% (of the recognized charge)
for males-surgical services		
Abortion	100% (of the negotiated charge)	80% (of the recognized charge)

The following are not covered under this benefit:

• Reversal of voluntary sterilization procedures, including related follow-up care

Eligible health services	In-network coverage	Out-of-network coverage
Gender affirming treatment		
Surgical, hormone replacement	Covered according to the Behavioral	Covered according to the Behavioral
therapy, and counseling treatment	health section	health section
Mental Health & Substance Abuse T	reatment	•
Coverage provided under the same t	erms, conditions as any other illness .	
Inpatient hospital	\$100 Copayment then the plan pays	80% (of the recognized charge) per
(room and board and other	100% (of the balance of the negotiated	admission
miscellaneous hospital	charge) per admission	
services and supplies)		
Outpatient office visits	\$20 copayment then the plan pays	80% (of the recognized charge) per
(includes telemedicine	100% (of the balance of the negotiated	visit
consultations)	charge) per visit	
Other outpatient treatment	100% (of the negotiated charge) per	80% (of the recognized charge) per
(includes skilled behavioral health	visit	visit
services in the home)		
Eligible health services	In-network coverage (IOE facility)*	Out-of-network coverage
		(Includes providers who are
		otherwise part of Aetna's network
		but are non-IOE providers)
Transplant services	T	T
Inpatient and outpatient transplant	Covered according to the type of	Covered according to the type of
facility services	benefit and the place where the service	benefit and the place where the
	is received.	service is received.
Inpatient and outpatient transplant	Covered according to the type of	Covered according to the type of
physician and specialist services	benefit and the place where the service	benefit and the place where the
Tue manufacture de la constant de la	is received.	service is received.
Transplant services-travel and	Covered	Covered
lodging	¢10,000	¢10,000
Lifetime Maximum payable for Travel and Lodging Expenses for	\$10,000	\$10,000
any one transplant, including		
tandem transplants		
Maximum payable for Lodging	\$50 per night	\$50 per night
Expenses per IOE patient	200 bet tilklir	200 bet tilklir
Maximum payable for Lodging	\$50 per night	\$50 per night
Expenses per companion	- 400 bet tilglit	- 400 bet tilglit
The following are not covered under	this hanafit:	<u> </u>

- Services and supplies furnished to a donor when the recipient is not a covered person
- Harvesting and storage of organs, without intending to use them for immediate transplantation for your existing illness
- Harvesting and/or storage of bone marrow, hematopoietic stem cells, or other blood cells without intending to use them for transplantation within 12 months from harvesting, for an existing illness

Treatment of infertility		
Basic infertility services Inpatient	Covered according to the type of	Covered according to the type of
and outpatient care - basic	benefit and the place where the service	benefit and the place where the
infertility	is received.	service is received.

Eligible health services	In-network coverage	Out-of-network coverage
Fertility preservation services		
Fertility preservation	Covered according to the type of benefit and the place where the service	Covered according to the type of benefit and the place where the
	is received.	service is received.

The following are not covered services under the infertility treatment benefit:

- Injectable infertility medication, including but not limited to menotropins, hCG, and GnRH agonists.
- All charges associated with:
 - Surrogacy for you or the surrogate. A surrogate is a female carrying her own genetically related child where the child is conceived with the intention of turning the child over to be raised by others, including the biological father
 - Thawing of cryopreserved (frozen) eggs, embryos or sperm
 - The care of the donor in a donor egg cycle which includes, but is not limited to, any payments to the donor, donor screening fees, fees for lab tests, and any charges associated with care of the donor required for donor egg retrievals or transfers
 - The use of a gestational carrier for the female acting as the gestational carrier. A gestational carrier is a female carrying an embryo to which the person is not genetically related
 - Obtaining sperm from a person not covered under this plan for ART services
 - Home ovulation prediction kits or home pregnancy tests
 - The purchase of donor embryos, donor oocytes, or donor sperm
 - Reversal of voluntary sterilizations, including follow-up care
- Ovulation induction with menotropins, Intrauterine insemination and any related services, products or procedures
- In vitro fertilization (IVF), Zygote intrafallopian transfer (ZIFT), Gamete intrafallopian transfer (GIFT), Cryopreserved embryo transfers and any related services, products or procedures (such as Intracytoplasmic sperm injection (ICSI) or ovum microsurgery)
- ART services are not provided for out-of-network care

Specific therapies and tests		
Diagnostic complex imaging	100% (of the negotiated charge) per	80% (of the recognized charge) per
services performed in the	visit	visit
outpatient department of a		
hospital or other facility		
Diagnostic lab work and	100% (of the negotiated charge) per	80% (of the recognized charge) per
radiological services performed in a	visit	visit
physician's office, the outpatient		
department of a hospital or other		
facility		
Outpatient Chemotherapy,	100% (of the negotiated charge) per	80% (of the recognized charge) per
Radiation & Respiratory Therapy	visit	visit
Outpatient infusion therapy	Covered according to the type of	Covered according to the type of
performed in a covered person's	benefit and the place where the service	benefit and the place where the
home, physician's office, outpatient	is received.	service is received.
department of a hospital or other		
facility		

- Enteral nutrition
- Blood transfusions and blood products

Eligible health services	In-network coverage	Out-of-network coverage
Outpatient physical, occupational, speech, and cognitive therapies (including Cardiac and Pulmonary Therapy) Combined for short-term rehabilitation services and	100% (of the negotiated charge) per visit	80% (of the recognized charge) per visit
habilitation therapy services		
Acupuncture therapy	\$20 Copayment then the plan pays 100% (of the balance of the negotiated charge) per visit	80% (of the recognized charge) per visit
The following are not covered under	this benefit:	
 Acupressure 		
Chiropractic services	\$20 Copayment then the plan pays 100% (of the balance of the negotiated charge) per visit	80% (of the recognized charge) per visit
Maximum visits per policy year	30	
Specialty prescription drugs purchased and injected or infused by your provider in an outpatient setting	Covered according to the type of benefit or the place where the service is received.	Covered according to the type of benefit or the place where the service is received.
Other services and supplies		
Emergency ground, air, and water ambulance (includes non-emergency ambulance)	100% (of the negotiated charge) per trip	Paid the same in-network coverage
Durable medical and surgical equipment	100% (of the negotiated charge) per item	80% (of the recognized charge) per item

- Whirlpools
- Portable whirlpool pumps
- Sauna baths
- Massage devices
- Over bed tables
- Elevators
- Communication aids
- Vision aids
- Telephone alert systems
- Personal hygiene and convenience items such as air conditioners, humidifiers, hot tubs, or physical exercise equipment even if they are prescribed by a physician

equipment even in the y are p	reserraca by a priysician	
Nutritional support	Covered according to the type of	Covered according to the type of
	benefit or the place where the service	benefit or the place where the
	is received.	service is received.

Any food item, including infant formulas, nutritional supplements, vitamins, plus prescription vitamins, medical foods and other nutritional items, even if it is the sole source of nutrition

Eligible health services	In-network coverage	Out-of-network coverage
Prosthetic devices including contact	100% (of the negotiated charge) per	80% (of the recognized charge) per
lenses for aniridia & Orthotics	item	item

- Services covered under any other benefit
- Orthopedic shoes, therapeutic shoes, foot orthotics, or other devices to support the feet, unless required for the treatment of or to prevent complications of diabetes, or if the orthopedic shoe is an integral part of a covered leg brace
- Trusses, corsets, and other support items
- Repair and replacement due to loss or misuse
- Communication aids

Hearing Aid Exams		
Hearing exam	\$20 copayment then the plan pays 100% (of the balance of the negotiated charge) per visit	80% (of the recognized charge) per visit
Hearing aid exam maximum	One hearing exam every policy year	
The following are not covered under this benefit:		
 Hearing exams given during a stay in a hospital or other facility, except those provided to newhorns as part of 		

 Hearing exams given during a stay in a hospital or other facility, except those provided to newborns as part of the overall hospital stay

the overall hospital stay		
Hearing Aids	100% (of the negotiated charge) per	80% (of the recognized charge) per
	item	item
Hearing aids maximum per ear	One hearing aid per ear every	24 month consecutive period

- A replacement of:
 - A hearing aid that is lost, stolen or broken
 - A hearing aid installed within the prior 24 month period
- Replacement parts or repairs for a hearing aid
- Batteries or cords
- Cochlear implants
- A hearing aid that does not meet the specifications prescribed for correction of hearing loss
- Any ear or hearing exam performed by a physician who is not certified as an otolaryngologist or otologist

Pediatric vision care (Limited to covered persons through the end of the month in which the person turns age 19)		
Performed by a legally qualified ophthalmologist or optometrist (includes comprehensive low vision evaluations)	100% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
Low vision Maximum Fitting of contact Maximum	One comprehensive low vision evaluation every five years 1 visit	
Pediatric vision care services & supplies-Eyeglass frames, prescription lenses or prescription contact lenses	100% (of the negotiated charge) per item	60% (of the recognized charge) per item

Eligible health services	In-network coverage	Out-of-network coverage	
Maximum number Per year:			
Eyeglass frames	One set of eyeglass frames		
Prescription lenses	One pair of prescription lenses		
Contact lenses (includes non-	Daily disposables: up to 1 year supply	Daily disposables: up to 1 year supply	
conventional prescription contact	Extended wear disposable: up to 1 year supply		
lenses & aphakic lenses prescribed	Non-disposable lenses: 1 year supply		
after cataract surgery)			
Optical devices	Covered according to the type of	Covered according to the type of	
	benefit and the place where the service	benefit and the place where the	
	is received.	service is received.	
Maximum number of optical	One optical device		
devices per policy year			

^{*}Important note: Refer to the Vision care section in the certificate of coverage for the explanation of these vision care supplies. As to coverage for prescription lenses in a policy year, this benefit will cover either prescription lenses for eyeglass frames or prescription contact lenses, but not both.

• Eyeglass frames, non-prescription lenses and non-prescription contact lenses that are for cosmetic purposes

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Adult vision care Limited to covered persons age 19 and over		
Adult routine vision exams (including refraction) Performed by a legally qualified ophthalmologist or therapeutic optometrist, or any other providers acting within the scope of their license	\$20 copayment then the plan pays 100% (of the balance of the negotiated charge) per visit	80% (of the recognized charge) per visit
Maximum visits per policy year	1 vi	sit

The following are not covered under this benefit:

Adult vision care

- Office visits to an ophthalmologist, optometrist or optician related to the fitting of prescription contact lenses
- Eyeglass frames, non-prescription lenses and non-prescription contact lenses that are for cosmetic purposes

Adult vision care services and supplies

- Special supplies such as non-prescription sunglasses
- Special vision procedures, such as orthoptics or vision therapy
- Eye exams during your stay in a hospital or other facility for health care
- Eye exams for contact lenses or their fitting
- Eyeglasses or duplicate or spare eyeglasses or lenses or frames
- Replacement of lenses or frames that are lost or stolen or broken
- Acuity tests
- Eye surgery for the correction of vision, including radial keratotomy, LASIK and similar procedures
- Services to treat errors of refraction

Eligible health services In-network coverage Out-of-network coverage

Outpatient prescription drugs

Policy year deductible and copayment/coinsurance waiver for risk reducing breast cancer

The policy year deductible and the per prescription copayment/coinsurance will not apply to risk reducing breast cancer prescription drugs when obtained at a retail in-network, pharmacy. This means that such risk reducing breast cancer prescription drugs are paid at 100%.

Outpatient prescription drug policy year deductible and copayment waiver for tobacco cessation prescription and over-the-counter drugs

The prescription drug copayment will not apply to treatment regimens per policy year for tobacco cessation prescription drugs and OTC drugs when obtained at a in-network pharmacy. This means that such prescription drugs and OTC drugs are paid at 100%.

Outpatient prescription drug copayment waiver for contraceptives

The outpatient prescription drug copayment will not apply to female contraceptive methods when obtained at an in-network pharmacy.

This means that such contraceptive methods are paid at 100% for:

- All FDA approved contraceptive prescription drugs and devices, including over-the-counter (OTC)
 contraceptive prescription drugs and devices. Related services and supplies needed to administer covered
 devices will also be paid at 100%.
- A therapeutic equivalent prescription drug or device when a prescription drug or device is not available or is deemed medically inadvisable by your provider when you are granted a medical exception.

The certificate of coverage explains how to get a medical exception.

Preferred Generic prescription drugs (including specialty drugs)		
For each fill up to a 30 day supply	\$20 copayment per supply then the	80% (of the recognized charge) but
filled at a retail pharmacy	plan pays 100% (of the balance of the	will be no more than \$250 per supply
	negotiated charge)	
Preferred Brand-Name prescription	drugs (including specialty drugs)	
For each fill up to a 30 day supply	\$50 copayment per supply then the	80% (of the recognized charge) but
filled at a retail pharmacy	plan pays 100% (of the balance of the	will be no more than \$250 per supply
	negotiated charge)	
Non-Preferred Generic prescription	drugs (including specialty drugs)	
For each fill up to a 30 day supply	\$75 copayment per supply then the	80% (of the recognized charge) but
filled at a retail pharmacy	plan pays 100% (of the balance of the	will be no more than \$250 per supply
	negotiated charge)	
Non-Preferred Brand-Name prescri	otion drugs (including specialty drugs)	
For each fill up to a 30 day supply	\$75 copayment per supply then the	80% (of the recognized charge) but
filled at a retail pharmacy	plan pays 100% (of the balance of the	will be no more than \$250 per supply
	negotiated charge)	
Contraceptives (birth control)		
For each fill up to a 12 month	100% (of the [negotiated charge)	100% (of the recognized charge)
supply of generic and OTC drugs		
and devices filled at a retail	No policy year deductible applies	No policy year deductible applies
pharmacy		

Eligible health services	In-network coverage	Out-of-network coverage
For each fill up to a 12 month	Paid according to the type of drug	Paid according to the type of drug
supply of brand name prescription	per the schedule of benefits, above	per the schedule of benefits, above
drugs and devices filled at a retail		
pharmacy	A brand name contraceptive is 100%	A brand name contraceptive is 100%
	(of the negotiated charge), No policy	(of the recognized charge), No policy
	year deductible if there are no	year deductible if there are no
Ought administrated anti-server	generic therapeutic equivalents.	generic therapeutic equivalents.
Orally administered anti-cancer	100% (of the negotiated charge per	100% (of the recognized charge)
prescription drugs- For each fill up	prescription or refill	
to a 30 day supply filled at a retail	No consument or policy year	
pharmacy	No copayment or policy year deductible applies	
Preventive care drugs and	100% (of the negotiated charge per	Paid according to the type of drug per
supplements filled at a retail	prescription or refill	the schedule of benefits, above
pharmacy	prescription of remi	the schedule of benefits, above
pharmacy	No copayment or policy year	
For each 30 day supply	deductible applies	
Risk reducing breast cancer	100% (of the negotiated charge) per	Paid according to the type of drug per
prescription drugs filled at a	prescription or refill	the schedule of benefits, above
pharmacy	process process constitution	
	No copayment or policy year	
For each 30 day supply	deductible applies	
Maximums:	Coverage will be subject to any sex, a	ige, medical condition, family history,
	and frequency guidelines in the recommendations of the United States	
	Preventive Services Task Force.	
Tobacco cessation prescription and	100% (of the negotiated charge per	Paid according to the type of drug per
over-the-counter drugs	prescription or refill	the schedule of benefits, above
(Preventive care)-Tobacco		
cessation prescription drugs and	No copayment or policy year	
OTC drugs filled at a pharmacy	deductible applies	
For each 30 day supply		
Maximums:	Coverage will be subject to any sex, age, medical condition, family history,	
	and frequency guidelines in the recomm	nendations of the United States
	Preventive Services Task Force.	

Outpatient prescription drugs exclusions

The following are not covered under the outpatient prescription drugs benefit:

- Biological sera unless specified on the preferred drug guide
- Compounded prescriptions containing bulk chemicals not approved by the U.S. Food and Drug Administration (FDA) including compounded bioidentical hormones
- Cosmetic drugs including medications and preparations used for cosmetic purposes
- Devices, products and appliances, except those that are specially covered
- Dietary supplements
- Drugs or medications

- Which do not, by federal or state law, require a prescription order i.e. over-the-counter (OTC) drugs, even if a prescription is written except as specifically provided above
- Not approved by the FDA or not proven safe or effective
- Provided under your medical plan while an inpatient of a healthcare facility
- Recently approved by the U.S. Food and Drug Administration (FDA), but which have not yet been reviewed by our Pharmacy and Therapeutics Committee, unless we have approved a medical exception
- That include vitamins and minerals unless recommended by the United States Preventive Services Task Force (USPSTF)
- For which the cost is covered by a federal, state, or government agency (for example: Medicaid or Veterans Administration)
- That are used to treat increase sexual desire, including drugs, implants, devices or preparations to correct or enhance erectile function, enhance sensitivity, or alter the shape or appearance of a sex organ
- That are used for the purpose of weight gain or reduction, including but not limited to stimulants, preparations, foods or diet supplements, dietary regimens and supplements, food or food supplements, appetite suppressants or other medications
- That are drugs or growth hormones used to stimulate growth and treat idiopathic short stature unless there is evidence that the covered person meets one or more clinical criteria detailed in our [precertification] and clinical policies]
- Duplicative drug therapy (e.g. two antihistamine drugs)
- Immunizations related to travel or work
- Infertility
 - Injectable prescription drugs used primarily for the treatment of infertility
- Injectables
 - Any charges for the administration or injection of prescription drugs or injectable insulin and other injectable drugs covered by us.
 - Needles and syringes, except for those used for insulin administration.
 - Any drug which, due to its characteristics, must typically be administered or supervised by a
 qualified provider or licensed certified health professional in an outpatient setting. This exception
 does not apply to Depo Provera and other injectable drugs used for contraception.
- Off-label drug use except for indications recognized through peer-reviewed medical literature
- Prescription drugs:
 - That are considered oral dental preparations and fluoride rinses, except pediatric fluoride tablets or drops as specified on the [preferred] drug guide.
 - That are drugs obtained for use by anyone other than the person identified on the ID card.
- Replacement of lost or stolen prescriptions
- Test agents except diabetic test agents
- A manufacturer's product when the same or similar drug (that is, a drug with the same active ingredient or same therapeutic effect), supply or equipment is on the preferred drug guide
- Any dosage or form of a drug when the same drug is available in a different dosage or form on our preferred drug guide

A covered person, a covered person's designee or a covered person's prescriber may seek an expedited medical exception process to obtain coverage for non-covered drugs in exigent circumstances. An "exigent circumstance" exists when a covered person is suffering from a health condition that may seriously jeopardize a covered person's life, health, or ability to regain maximum function or when a covered person is undergoing a current course of treatment using a non-formulary drug. The request for an expedited review of an exigent circumstance may be submitted by contacting Aetna's *Pre-certification Department* at **1-855-240-0535**, faxing the request to **1-877-269-9916**, or submitting the request in writing to:

CVS Health ATTN: Aetna PA 1300 E Campbell Road Richardson, TX 75081

Out of Country claims

Out of Country claims should be submitted with appropriate medical service and payment information from the provider of service. Covered services received outside the United States will be considered at the Out-of-network level of benefits.

General Exclusions

Alternative health care

• Services and supplies given by a provider for alternative health care. This includes but is not limited to aromatherapy, naturopathic medicine, herbal remedies, homeopathy, energy medicine, Christian faithhealing medicine, Ayurvedic medicine, yoga, hypnotherapy, and traditional Chinese medicine.

Armed forces

• Services and supplies received from a provider as a result of an injury sustained, or illness contracted, while in the service of the armed forces of any country. When you enter the armed forces of any country, we will refund any unearned pro-rata premium.

Behavioral health treatment

- Services for the following based on categories, conditions, diagnoses or equivalent terms as listed in the most recent version of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM) of the American Psychiatric Association:
 - Remedial education services that are non-medical and are not medically necessary to treat mental health disorders or substance use disorders
 - Services provided in conjunction with school, vocation, work or recreational activities that are not medically necessary to treat mental health disorders or substance use disorders
 - Sexual deviations and disorders except mental health disorders or substance use disorders listed in the most recent edition of the DSM and International Classification of Diseases (ICD)

Clinical trial therapies (experimental or investigational)

Your plan does not cover clinical trial therapies (experimental or investigational), except as described in the
 Eligible health services and exclusions- Clinical trial therapies (experimental or investigational) section in the
 certificate

Cornea or cartilage transplants

- Cornea (corneal graft with amniotic membrane)
- Cartilage (autologous chondrocyte implant or osteochondral allograft or autograft) transplants

Cosmetic services and plastic surgery

 Any treatment, surgery (cosmetic or plastic), service or supply to alter, improve or enhance the shape or appearance of the body.

This exclusion does not apply to:

- Surgery after an accidental injury when performed as soon as medically feasible. (Injuries that occur during medical treatments are not considered accidental injuries even if unplanned or unexpected.)
- Coverage that may be provided under the Eligible health services and exclusions Gender affirming treatment section.

Court-ordered services and supplies

Court-ordered testing or care unless medically necessary

Custodial care

Examples are:

- Routine patient care such as changing dressings, periodic turning and positioning in bed
- Administering oral medications
- Care of a stable tracheostomy (including intermittent suctioning)
- Care of a stable colostomy/ileostomy
- Care of stable gastrostomy/jejunostomy/nasogastric tube (intermittent or continuous) feedings
- Care of a bladder catheter (including emptying/changing containers and clamping tubing)
- Watching or protecting you
- Respite care except in connection with hospice care, adult (or child) day care, or convalescent care
- Institutional care. This includes room and board for rest cures, adult day care and convalescent care
- Help with walking, grooming, bathing, dressing, getting in or out of bed, toileting, eating or preparing foods
- Any other services that a person without medical or paramedical training could be trained to perform
- Any service that can be performed by a person without any medical or paramedical training

Dental care for adults

- Dental services for adults including services related to:
 - The care, filling, removal or replacement of teeth and treatment of injuries to or diseases of the teeth
 - Dental services related to the gums
 - Apicoectomy (dental root resection)
 - Orthodontics
 - Root canal treatment
 - Soft tissue impactions
 - Alveolectomy
 - Augmentation and vestibuloplasty treatment of periodontal disease
 - False teeth
 - Prosthetic restoration of dental implants
 - Dental implants

This exception does not include removal of bony impacted teeth, bone fractures, removal of tumors, and odontogenic cysts.

Educational services

Examples of these services that are non-medical and are not medically necessary to treat mental health disorders or substance use disorders are:

- Any service or supply for education, training or retraining services or testing, except where described in the
 Eligible health services and exclusions Diabetic services and supplies (including equipment and training)
 section. This includes:
 - Special education
 - Remedial education
 - Wilderness treatment programs (whether or not the program is part of a residential treatment facility or otherwise licensed institution). This exclusion does not include therapy by a licensed provider for behavioral health services if provided on an outpatient basis as part of a wilderness treatment program.
 - Job training
 - Job hardening programs
- Educational services, schooling or any such related or similar program

Elective treatment or elective surgery

 Elective treatment or elective surgery except as specifically covered under the student policy and provided while the student policy is in effect

Examinations

Any health or dental examinations needed:

- Because a third party requires the exam. Examples are, examinations to get or keep a job, or examinations required under a labor agreement or other contract
- Because a law requires it
- To buy insurance or to get or keep a license
- To travel
- To go to a school, camp, or sporting event, or to join in a sport or other recreational activity

Experimental or investigational

• Experimental or investigational drugs, devices, treatments or procedures unless otherwise covered under clinical trial therapies (experimental or investigational) or covered under clinical trials (routine patient costs). See the *Eligible health services and exclusions – Other services* section in the certificate.

Facility charges

For care, services or supplies provided in:

- Rest homes
- Assisted living facilities
- Similar institutions serving as a persons' main residence or providing mainly custodial or rest care
- Health resorts
- Spas or sanitariums
- Infirmaries at schools, colleges, or camps

Felony

Services and supplies that you receive as a result of an injury due to your commission of a felony

Gene-based, cellular and other innovative therapies (GCIT)

The following are not eligible health services unless you receive prior written approval from us:

• All associated services when GCIT services are not covered. Examples include infusion, laboratory, radiology, anesthesia, and nursing services.

Please refer to the Medical necessity section.

Genetic care

Any treatment, device, drug, service or supply to alter the body's genes, genetic make-up, or the
expression of the body's genes except for the correction of congenital birth defects

Growth/Height care

- A treatment, device, service or supply to increase or decrease height or alter the rate of growth
- Surgical procedures and devices to stimulate growth

Incidental surgeries

• Charges made by a physician for incidental surgeries. These are non-medically necessary surgeries performed during the same procedure as a medically necessary surgery.

Judgment or settlement

• Services and supplies for the treatment of an injury or illness to the extent that payment is made as a judgment or settlement by any person deemed responsible for the injury or illness (or their insurers)

Medical supplies - outpatient disposable

- Any outpatient disposable supply or device. Examples of these are:
 - Sheaths
 - Bags
 - Elastic garments
 - Support hose
 - Bandages
 - Bedpans
 - Splints
 - Neck braces
 - Compresses
 - Other devices not intended for reuse by another patient

Non-medically necessary services and supplies

Services and supplies which are not medically necessary for the diagnosis, care, or treatment of an
illness or injury or the restoration of physiological functions. This includes behavioral health services that
are not primarily aimed at the treatment of illness, injury, restoration of physiological functions or that
do not have a physiological or organic basis. This applies even if they are prescribed, recommended, or
approved by your physician, dental provider, or vision care provider. This exception does not apply to
Preventive care and wellness benefits.

Non-U.S. citizen

Services and supplies received by a covered person (who is not a United States citizen) within the covered
person's home country but only if the home country has a socialized medicine program, except as covered in
the Eligible health services under your plan – Emergency services and urgent care section

Other primary payer

• Payment for a portion of the charge that **Medicare** or another party pays for as the primary payer

Outpatient prescription or non-prescription drugs and medicines

Outpatient prescription drugs or non-prescription drugs and medicines provided by the policyholder

Personal care, comfort or convenience items

Any service or supply primarily for your convenience and personal comfort or that of a third party

Private duty nursing

School health services

- Services and supplies normally provided without charge by the **policyholder's**:
 - School health services
 - Infirmary
 - Hospital
 - Pharmacy or

by health professionals who

- Are employed by
- Are Affiliated with
- Have an agreement or arrangement with, or
- Are otherwise designated by

the policyholder.

Services provided by a family member

• Services provided by a spouse, domestic partner, civil union partner parent, child, step-child, brother, sister, in-law or any household member

Sexual dysfunction and enhancement

- Any treatment, service, or supply to treat sexual dysfunction, enhance sexual performance or increase sexual desire, including:
 - Implants, devices or preparations to correct or enhance erectile function or sensitivity
 - Sex therapy, sex counseling, marriage counseling, or other counseling or advisory services

Sinus surgery

 Any services or supplies given by providers for non-medically necessary sinus surgery except for acute purulent sinusitis

Strength and performance

- Services, devices and supplies that are not medically necessary, such as drugs or preparations designed primarily for enhancing your:
 - Strength
 - Physical condition
 - Endurance
 - Physical performance

Students in mental health field

• Any services and supplies provided to a covered student who is specializing in the mental health care field and who receives treatment from a provider as part of their training in that field

Telemedicine

- Services given when you are not present at the same time as the provider
- Services including:
 - Telemedicine kiosks
 - Electronic vital signs monitoring or exchanges, (e.g. Tele-ICU, Tele-stroke)

Therapies and tests

- Hair analysis
- Hypnosis and hypnotherapy
- Massage therapy, except when used as a physical therapy modality
- Sensory or auditory integration therapy

Treatment in a federal, state, or governmental entity

 Any care in a hospital or other facility owned or operated by any federal, state or other governmental entity, except to the extent coverage is required by applicable laws

Wilderness treatment programs

See Educational services within this section

The Orange Coast College Student Health Insurance Plan is underwritten by Aetna Life Insurance. Aetna Student HealthSM is the brand name for products and services provided by Aetna Life Insurance and its applicable affiliated companies (Aetna).

Sanctioned Countries

If coverage provided by this policy violates or will violate any economic or trade sanctions, the coverage is immediately considered invalid. For example, Aetna companies cannot make payments for health care or other claims or services if it violates a financial sanction regulation. This includes sanctions related to a blocked person or a country under sanction by the United States, unless permitted under a written Office of Foreign Asset Control (OFAC) license. For more information, visit http://www.treasury.gov/resource-center/sanctions/Pages/default.aspx.

Assistive Technology

Persons using assistive technology may not be able to fully access the following information. For assistance, please call 1-877-480-4161.

Smartphone or Tablet

To view documents from your smartphone or tablet, the free WinZip app is required. It may be available from your App Store.

Nondiscrimination Notice

Aetna does not discriminate on the basis of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age, or disability.

Aetna provides free aids and services to people with disabilities and free language services to people whose primary language is not English.

These aids and services include:

- Qualified language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Qualified interpreters
- Information written in other languages

If you need these services, have questions about our non-discrimination policy, or have a discrimination-related concern that you would like to discuss, contact the number on your ID card. Not an Aetna member? Call us at 1-877-480-4161.

If you believe that Aetna has failed to provide these services or discriminated in another way on the basis of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age, or disability, you can file a grievance with our Civil Rights Coordinator at:

- Address: P.O. Box 14462, Lexington, KY 40512 (HMO customers: P.O. Box 24030 Fresno, CA 93779)
- Email: CRCoordinator@aetna.com

Please visit https://www.aetna.com/individuals-families/member-rights-resources/complaints-grievances-appeals.html#california for information about how to file a complaint or grievance with the California Department of Insurance or California Department of Managed Health Care (for HMO enrollees).

You can also file a discrimination complaint with the United States Department of Health and Human Services Office for Civil Rights if there is a concern of discrimination based on race, color, national origin, age, disability, or sex by following the instructions on the Department's website: https://www.hhs.gov/civil-rights/filing-a-complaint/complaint-process/index.html

Language accessibility statement

Interpreter services are available for free.

Attention: If you speak English, language assistance service, free of charge, are available to you. Call **1-877-480-4161** (TTY: **711**).

Español/Spanish

Atención: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-877-480-4161** (TTY: **711**).

አጣርኛ/Amharic

ልብ ይበሉ: ኣማርኛ ቋንቋ የሚናንሩ ከሆነ፥ የትርጉም ድጋፍ ሰጪ ድርጅቶች፣ ያለምንም ክፍያ እርስዎን ለማንልንል ተዘጋጅተዋል። የሚከተለው ቁጥር ላይ ይደውሉ **1-877-480-4161** (*መ*ስማት ለተሳናቸው: **711**).

Arabic/العربية

ملحوظة: إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 4161-480-877-1 (رقم الهاتف النصى: 711).

Bàsɔɔ̀ Wùdù/Bassa

Dè dε nìà kε dyede gbo: Ͻ jǔ ke m̀ dyi Ɓàsɔɔ̀-wùdù-po-nyɔ̀ jǔ ni, nìi à wudu kà kò dò po-poɔ̀ bɛ́ m̀ gbo kpaa. Đa **1-877-480-4161** (TTY: **711**).

中文/Chinese

注意:如果您说中文,我们可为您提供免费的语言协助服务。请致电 1-877-480-4161 (TTY: 711)。

Farsi/فارسی

توجه: اگر به زیان فارسی صحبت می کنید، خدمات زبانی رایگان به شما ارایه میگردد، با شماره TTY: 711) 1-877-480-4161) تماس بگیرید.

Français/French

Attention: Si vous parlez français, vous pouvez disposer d'une assistance gratuite dans votre langue en composant le **1-877-480-4161** (TTY: **711**).

ગુજરાતી/Gujarati

ધ્યાન આપો: જો તમે ગુજરાતી બોલતા હો તો ભાષાકીય સહાયતા સેવા તમને નિ:શુલ્ક ઉપલબ્ધ છે. કૉલ કરો 1-877-480-4161 (TTY: 711).

Kreyòl Ayisyen/Haitian Creole

Atansyon: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-877-480-4161 (TTY: 711).

Igbo

Nrubama: O buru na j na asu Igbo, oru enyemaka asusu, n'efu, djiri gj. Kpoo 1-877-480-4161 (TTY: 711).

한국어/Korean

주의: 한국어를 사용하시는 경우, 언어 지원 서비스가 무료로 제공됩니다. **1-877-480-4161** (TTY: **711**)번으로 전화해 주십시오.

Português/Portuguese

Atenção: a ajuda está disponível em português por meio do número **1-877-480-4161** (TTY: **711**). Estes serviços são oferecidos gratuitamente.

Русский/Russian

Внимание: если вы говорите на русском языке, вам могут предоставить бесплатные услуги перевода. Звоните по телефону **1-877-480-4161** (ТТҮ: **711**).

Tagalog

Paunawa: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng serbisyo ng tulong sa wika nang walang bayad. Tumawag sa **1-877-480-4161** (TTY: **711**).

Urdu/اردو

توجه دیں: اگر آب اردو بولتے ہیں، تو آب کو زبان کی مدد کی خدمات مفت دستیاب ہیں ۔ (TTY: 711) 480-480-478-1 پر کال کرس.

Tiếng Việt/Vietnamese

Lưu ý: Nếu quý vị nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho quý vị. Gọi số **1-877-480-4161** (TTY: **711**).

Yorùbá/Yoruba

Àkíyèsí: Bí o bá nso èdè Yorùbá, ìrànlówó lórí èdè, lófèé, wà fún o. Pe 1-877-480-4161 (TTY: 711).